

International
Diabetes Center

PROFESSIONAL
EDUCATION

Clinical Diabetes Management

for **Primary Care Clinicians**

2023

Thursday and Friday: **October 26–27**

 HealthPartners Institute

Clinical Diabetes Management

for **Primary Care Clinicians**

Physicians
Nurse Practitioners
Physician Assistants
Pharmacists

2023

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October 26–27**

Park Nicollet Clinic & Specialty Center
3800 Park Nicollet Blvd.
Minneapolis, MN 55416

Tuition

\$575 for physicians
\$475 for other professionals

Includes continental breakfast, lunch and refreshments. An electronic syllabus will be available for download prior to the conference.

See website for additional details:

cme.healthpartners.com

Diabetes is a very common and serious disease. New diabetes therapies and technologies are expanding dramatically, and evidence-based guidelines are continually changing, making management more challenging. Keeping current with the latest therapies for the management of diabetes and related comorbidities is difficult and time consuming.

Primary care clinicians are increasingly responsible for diabetes management and education. This requires extensive knowledge of the natural history of diabetes and recommended treatment options, as well as the ability to teach patients how to successfully manage their disease. Given the complex and diverse nature of diabetes, education on evidence-based practice guidelines and protocols is vital to a clinician's ability to effectively treat patients.

This program uses lectures and interactive learning activities based on the latest research and clinically proven therapies. With an emphasis on application, this comprehensive program for medical professionals includes practice-based case studies. This program will give providers increased knowledge, skills and confidence, and provide tools to manage this complex chronic disease.

Program objectives

Following this course, participants will be able to:

- Discuss the underlying defects and natural history of diabetes.
- Evaluate noninsulin diabetes therapies and identify principles for selecting, combining, and advancing therapies.
- Initiate insulin therapy based on patient assessment and adjust insulin doses based on blood glucose monitoring pattern management or continuous glucose monitoring (CGM) data.
- Develop strategies to improve adherence to diabetes self-management activities such as lifestyle changes and glucose monitoring.
- Outline a systematic approach for screening and managing the complications of diabetes: hypertension, dyslipidemia, renal disease, neuropathy, wound care and sexual function.
- Describe diabetes management in special populations such as pregnancy and the elderly.
- Discuss evidence-based strategies to address obesity.
- Implement at least two practice changes into patient care.

Faculty and planning committee

Richard Bergenstal, MD

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TBD

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Accreditation

HealthPartners is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

HealthPartners Office of Continuing Medical Education designates this live activity for a maximum of 13.75 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The American Academy of Family Physicians (AAFP) has reviewed Clinical Diabetes Management - October 2023 and deemed it acceptable for up to 13.75 Live AAFP Prescribed credits. Term of Approval is from 10/26/2023 to 10/27/2023. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This program is designed to meet the Minnesota Board of Nursing requirements. It is the responsibility of each participant to determine if the program meets the criteria for licensure or recertification for their discipline.

This program has been approved by the Minnesota Board of Pharmacy and is acceptable for 13.75 hours. The program number assigned to this course is 2-031-485-057. It is the responsibility of each participant to determine if the program meets the criteria for licensure or recertification for their discipline.

Cancellation and refund policy

In the event you need to cancel your registration, the registration fee, less a \$75 administrative fee, will be refunded to the same form of payment used for registration.

Cancellations must be received by 5:00 p.m. Central Time at least five business days before the start of the conference. No refunds will be issued after this time. Request for cancellations must be submitted via email to CME@healthpartners.com

Right to cancel or postpone

HealthPartners Office of Continuing Medical Education reserves the right to cancel or postpone any course due to unforeseen circumstances. In the unlikely event that an event must be cancelled or postponed, the registration fee will be fully refunded. HealthPartners Office of CME is not responsible for any related costs, charges or expenses to participants, including fees assessed by airline, travel or lodging agencies.

Register today

Go to: cme.healthpartners.com

Questions?

email: CME@healthpartners.com

Agenda

DAY 1 (Thursday)

- 7:30 a.m. **Registration and light breakfast**
- 8:00 Welcome and announcements
- 8:15 Diabetes Management Today (includes 15-minute pre-test)
- 9:15 Medical Nutrition Therapy for Diabetes
- 9:55 Commonly Asked Nutrition Questions
- 10:15 **Break**
- 10:30 Navigating the Maze of Noninsulin Therapies
- Noon **Lunch**
- 1:00 p.m. Use of Continuous Glucose Monitoring in Type 2 Diabetes Management
- 1:30 Moving the Needle on Insulin Therapy
- 2:30 **Break**
- 2:45 Glucose Pattern Management: Focus on Insulin
- 3:45 Diabetes Management in Special Populations
- 4:15 How Diabetes Affects Sexual Health
- 5:00 **Adjourn**

DAY 2 (Friday)

- 7:45 a.m. **Light breakfast**
- 8:00 Ask the Endocrinologist
- Diabetes medication adjustments for procedures
 - Management of steroid-induced hyperglycemia
 - Diabetes and driving
 - Using diabetes technology in type 2 diabetes
- 9:15 Diabetes and the Foot: Neuropathy and Wound Care
- 9:45 **Break**
- 10:00 CVD in Diabetes: Focus on Hypertension and Lipid Management
- 11:00 Clinician CGM Guided Management (CCGM) of Patients with T2D on Insulin
- 11:30 CGM Case Studies and Discussion
- 12:30 p.m. **Lunch**
- 1:15 Type 2 Diabetes Prevention in Adolescents
- 1:45 Options for the Patient with Overweight/Obesity
- 2:30 Post-Test
- 2:45 Kidney Disease and Diabetes
- 3:30 **Adjourn**